

# SUPPORT SERVICES FOR YOUTH

If you or someone you know needs assistance. Contact;



13 11 14  
lifeline.org.au



1300 224 636  
beyondblue.org.au



kidshelpline  
Anytime Any Reason

1800 551 800  
kidshelpline.com.au

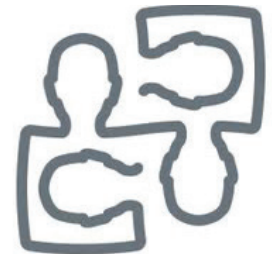


visit  
au.reachout.com

1800  
RESPECT

NATIONAL SEXUAL ASSAULT, DOMESTIC  
FAMILY VIOLENCE COUNSELLING SERVICE

1800 737 732  
1800respect.org.au



headspace

1800 650 890  
headspace.org.au

SANE  
AUSTRALIA

1800 18 7263  
sane.org

Suicide  
Call Back  
Service

1300 659 467

yarrowplace  
rape and sexual assault service

1800 817 421  
bit.ly/3rmcfee



For more resources for discussing suicide; how to support those who need help and what warning signs to look for, visit [conversationsmatter.com.au](http://conversationsmatter.com.au)

STUDENT  
WELLBEING

Resources



ST DOMINIC'S  
PRIORY COLLEGE

EDUCATING GIRLS. INSPIRING CONFIDENCE