



PRINCIPAL'S REPORT

Dear Families;

The season of Lent has brought us to that sacred place of reflection where we pause and discern the obstacles that block the path to greater intimacy with God and others.

These words were shared as part of staff prayer in the third week of Lent. Gathered in the Chapel, as we do every Monday morning at 8.25am, staff were called to think about how we can become closer in our relationship with God. "May this Lent be a time of clearing the clutter of my life, opening the opportunity to intimacy with God." Let us be open to all that the season of Lent invites us to; prayer, fasting, and almsgiving along with an awareness of God's presence in all we do.

Thank you to all families who attended our Learning Conversations held over the past two weeks. Face-to-face conversations about your daughter's learning is best practice for both school and parents. In this exchange we are all able to better understand the individual needs and success of each girl in our care. Teachers value these gatherings and gain great insight during the personal meetings. I thank all who made this commitment; teachers and parents.

The Parents and Friends Committee met last week and we discussed many items, including how we can fundraise for the College community. This year the Parents and Friends would like their funds to go towards supporting our work in the digital technology area of learning. The committee has some ideas for fundraising, including a Mother's Day Stall in Week 2 next term, and our very popular Quiz Night. Thank you to all parents who support the College with our community events. Please see an important "Save the Date" below regarding our Twilight Sports Day on May 19.

inspiring confidence

SAVE THE DATE TWILIGHT SPORTS + FIELD DAY FRIDAY 19 MAY - WEEK 3, TERM 2

DROP OFF: As normal at St Dominic's Priory College

PICK UP: 5:30pm @ SA Athletics Stadium, Mile End

STUDENT DRESS CODE: PE Uniform (Sports Shorts, House Top, House Hat & House coloured Hair Ribbon)

Students are to bring a **packed lunch and recess**. Opportunities to purchase food onsite is limited.

More details to come via **Consent2Go**.

Parents, Family and Friends of the College are invited to join in community. Pack a picnic blanket, deck chairs, a basket of food, and come along from 2:00pm – 5:30pm to join in our Twilight Sports & Field Day.



The new building looks set to be ready for occupancy very early in Term 2 and no doubt parents are getting a very good glimpse of the developments as they drive past. We are excited and look forward to next term with great anticipation.

We have delighted in being able to return to some of our regular learning opportunities for students in 2023. I have noticed the increase in excursions, camps and off site adventures for students. I note too, some parent engagement activities on the calendar and look forward to upcoming Year Level Showcase events across the Junior School.

There is something about the early mornings of this time of the year that naturally evokes that sense of wonder; the colours and sounds of nature reminding us that we are part of a God filled life. May you find yourself embracing sunrise and morning time.

Dr Helen Steele
College Principal



TRAFFIC REMINDER - HELP KEEP OUR CHILDREN SAFE

We urge drivers in our Community to please observe road rules, especially when children are present:

25km/h speed limit | NO Double Parking | NO U-Turns during Drop Off / Pick Up

UPCOMING DATES

Monday 27 March
Year 10 Photography visit Adelaide Zoo

Tuesday 28 March
SACPSA Swimming Carnival (Yrs 3-6)

Wednesday 29 - Friday 31 March
Year 7 Camp
Year 11 Geography trip to Flinders

Thursday 30 March
SACSSGSA Athletics Carnival (Yrs 7-12)
SAPSASA Swimming (Nth Adl District)

Monday 3 April
SSSA Track and Field Championships

Monday 3 - Wednesday 5 April
Year 8 Camp

Tuesday 4 - Wednesday 5 April
Year 12 Arts trip to Melbourne

Thursday 6 April
Holy Week Liturgy

Friday 7 - Monday 10 April (inclusive)
Easter Long Weekend

Tuesday 11 April
Reception visit Hahndorf Farm Barn
Year 9 & 10 French Film excursion
Year 10 Forensic Science Investigation

Friday 14 April
Last Day of Term 1 - 2:30pm Dismissal

2023 Term Dates

TERM 1: 30 JANUARY - 14 APRIL
TERM 2: 1 MAY - 30 JUNE
TERM 3: 24 JULY - 29 SEPTEMBER
TERM 4: 18 OCTOBER - 8 DECEMBER

OLD SCHOLARS'

NEWSLETTER IS ONLINE HERE:
<https://bit.ly/3aM9WYN>

TUCK SHOP SPECIALS

EVERY WEDNESDAY | ALL \$7.50

WK 9: Homemade Pizza (3 slices)

WK 8: Spaghetti & Meatballs

DOWNLOAD THE FULL MENU:
<https://bit.ly/30rqPpG>



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RELIGIOUS EDUCATION REPORT

Students continue to be provided with opportunities during Religion lessons to engage in learning activities that allow them to grow spiritually throughout the year. As in previous years we use both the Crossways and MITIOG curriculums to shape our units and cover a range of religious and social justice topics.

YEAR 7 – PROJECT COMPASSION

Year 7 classes have been learning about Project Compassion and the importance of helping others when we can. Students have explored the focus stories of Project Compassion and learnt about the good work **Caritas Australia** does both internationally and domestically to help those that are in need.

YEAR 8 – ANCESTOR STORIES

Year 8 students have been exploring the Ancestor Stories found in the Old Testament, learning about how we came to believe in one god and the Covenant that was shared between God and his people. To show their understanding of the stories, students assumed the role of one of the main characters and wrote a journal entry, using symbolism, imagery, beliefs, and traditions.

YEAR 9 – THE JEWISH JESUS

In Year 9 RE this term, students have been focussing on the Jewish Jesus, analysing the time that Jesus lived in – what the culture was like, what traditions occurred and what Jesus' world looked like around him. Students have researched historical occupations, roles, social hierarchies and the day to day lives of people 2000 years ago. Students have been asked to research some of Jesus' parables to identify their relevance to the people of the time and how they may still apply to our lives today despite the changes in society.

YEAR 10 – FAITH AND SPIRITUALITY

This term the Year 10 classes have explored in more depth Faith and Spirituality. Students have examined their image of God and how/if it has changed over the years. They have considered questions such as Why do we pray? and How

does our image of God help or hinder our prayer? Classes have explored the eight aspects of a tradition – *Ritual, Text, Symbols, Experience, Beliefs, Ethics, Stories* and *Social Structures*. This understanding will help them when researching an aspect of religious spirituality that gives meaning and forms of connection with others and our deity.

YEAR 12 – IDENTITY AND RELATIONSHIPS

Year 12 students have been focussing on both the Identity and Relationships thread of the MITIOG Curriculum. They have gained an appreciation of the Christian understanding of the human person in an exploration of the legal and moral responsibilities regarding sexual identity and behaviour. Classes have considered the nature of intimacy and commitment in relationships and the role they play in human flourishing.

Besides religion lessons, each year level will also develop religious self-understanding and spiritual awareness during annual Retreat Days that will take place throughout the year.

FRIDAY CHAPEL MASS

Across the year, each class will have the opportunity to prepare and lead a weekly Mass. Chapel Mass takes place at 8:15am each Friday and we thank parents/guardians in advance for assisting students in arriving to school earlier than usual when their class is involved. All family members and friends are welcome to join us in the Chapel each week.



Mrs Emma Rawlins
LEARNING AREA LEADER
- RELIGION



**PROJECT
COMPASSION**
FOR ALL FUTURE GENERATIONS

FIFTH SUNDAY OF LENT + PALM SUNDAY



Every day, more than 200 million children miss out on school, around 690 million people go hungry and 2.2 billion people cannot access clean drinking water.

Project Compassion brings together Australian schools, parishes and supporters to raise funds for people in vulnerable communities. This year, we introduced you to the story of Laxmi, Tereesa, Priscilla and Thu. Thanks to your support, they are creating a better world for their families, their communities and for all future generations.

REFLECTIONS FOR FIFTH SUNDAY OF LENT Ezekiel 37:12-14 | Romans 8:8-11 | John 11:1-45
REFLECTIONS FOR PALM SUNDAY Isaiah 50:4-7 | Philipians 2:6-11 | Matthew 26:14-27:66

DONATE ONLINE AT: CARITAS.ORG.AU/PROJECT-COMPASSION

REFLECTIONS FROM THE STUDENT COUNSELLOR

CHILD SAFEGUARDING

I recently attended the annual lecture of Flinders University Institute for Mental Health and Wellbeing. The findings presented in the lecture were that primary school aged children have nearly the same percentage of anxiety as their secondary school counterparts. After thinking that this should be some of the happiest and most carefree time of our children's lives, this information really saddened me. One of the key points from the lecture is that to prevent anxiety disorders in young children, early prevention is the key.

In my view, one of the ways to achieve this could be if we spent more time with our children. In doing so, it would be possible to gain insight into their lives, establish the importance of family values and instil a sense of belonging. Spending time with our children tells them that they are the most important part of us. It makes them feel loved and special. Who would not like to feel like that?



When I meet with our girls, I often hear that they would love to spend more time with their mum or dad, but they don't want to "bother them as they are busy and appear to be stressed". I get it, life is busy! In between jobs, household tasks, extracurricular activities and socialising, there are not many hours left in the day.

I often hear my sociology professor's words: "Life is a question of priorities". Do we really need to earn that much more for a new car or the luxurious holidays? Do we need to do the washing right now? Or could we spend a half an hour listening to our children? The statistics tells us that parents spend more hours with their children than they ever have. However, is it quality time? Or is it the time spent waiting at their hobbies while catching up on work on our laptops and phones?

Quality time does not require lots of money or extensive planning. The National Association for Prevention of Child Abuse and Neglect describes this concept as: "When you spend time, not money, your kids are all the richer for it".



Ms Eva Gardner
STUDENT COUNSELLOR

NEWS FROM THE SECONDARY SCHOOL

YEAR 10 COORDINATOR'S REPORT

The Year 10s started the year with Wellbeing Day which the theme this year was 'Healthy Eating, Healthy Living'. Students were educated on Healthy eating, run by the **Sprout Cooking School**, reinforcing the 'healthy body' aspect. The afternoon session was an energy filled team building games. Students were randomly allocated to a team, where each team were to work together while competing against the other 10 teams. This required everyone to listen to each other and work out the best strategies to use for each game. Two favourite games were the 'Caterpillar Game' and the 'Folding Newspaper (Shrinking Island) Game'.



The Pastoral Care Program this year will look at four Focus Areas.

Focus Area 1 - The Right to Be Safe

Focus Area 2 - Relationships

Focus Area 3 - Recognising and Reporting Abuse

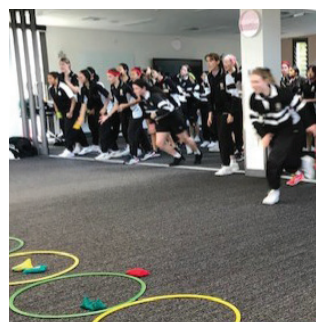
Focus Area 4 - Protective Strategies

This program follows the Child Protection Curriculum and will commence in Term 2.

Year 10s are hard at work in undertaking the new subject Exploring Identities and Futures (EIF) which has replaced the Personal Learning Plan (PLP). This compulsory SACE course has a different focus where the aim is for students to learn more about themselves, their place in the world, which will enable them to explore and deepen their sense of belonging, identity, and connections to the world around them.



Ms Jo Riccio
YEAR 10 COORDINATOR



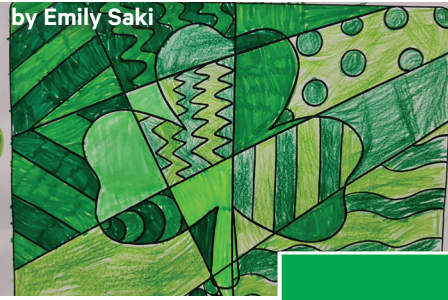
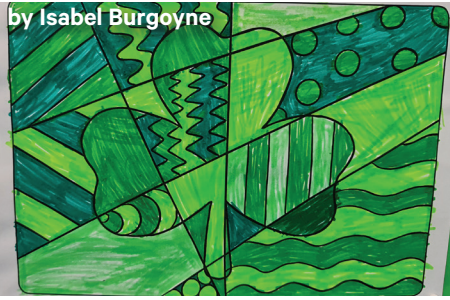
CRASH SCENE INVESTIGATIONS

On Friday 10 February, the Year 10 students attended a Crash Investigation session conducted by SAPOL. The session covered *The Fatal 5* which are the most common factors contributing to car crashes.

THESE FACTORS ARE:

1. Drink and Drug driving
2. Speed
3. Distraction
4. Not wearing a Seatbelt
5. Dangerous road users

The presenter explained the causes of car crashes in terms of relevant Physics concepts such as inertia and kinetic energy which relates to the current topic in Year 10 Science. The session finished with information about how to check the safety rating of a car before you buy it. This was very helpful given that many Year 10 students will be learning to drive and possibly buying their first car in the next few years.



NEWS FROM THE JUNIOR SCHOOL

YEAR 3 CLASS REPORT

NAPLAN

The Year 3 students have worked extremely hard over the last two weeks to complete their very first NAPLAN tests. For these students there was a mixture of emotions from excitement to anticipation to nerves, but all the girls worked their very best and showed wonderful growth mindsets to complete their 4 tests. Here are some of their thoughts:

“When I was younger I thought that it was very scary, but now that we have done it, it feels fine”

- Gisele Paglia

“I was really nervous but I felt good when it was done”

- Myra Vora

“I felt very excited and very happy when I did the NAPLAN”

- Celina Nguyen

“I felt a bit nervous at the start but in the end I felt excited because it was a bit easy”

- Katie Le

“I was nervous about NAPLAN but after I did my first one I thought it was OK”

- Madison Le

Tania Piotto & Renee Edwards
YEAR 3 CLASS TEACHERS



ST PATRICK'S DAY
On Friday 17 March we celebrated St Patrick's Day at school with a splash of green on our uniform. The Year 3 students enjoyed some green jelly and lolly snakes, as well as some fun Art activities.



GROWTH MINDSET

Learning from Your Mistakes

Mistakes are an important part of learning and growing.

It is important to acknowledge your mistakes and use them as growth points.

Own your mistakes and learn from them.

You can't learn anything from a mistake until you admit that you've made it.

FOUR KEY STEPS FOR ADULTS TO HELP CHILDREN LEARN FROM MISTAKES

1. Talk openly about mistakes
2. Reframe mistakes as opportunities
3. Spot opportunities around you
4. Make it a habit

REFRAME THE ERROR

How you view your mistakes determines how you react to them and what you do. If you can reframe your mistake as an opportunity to learn, you will motivate yourself to become more knowledgeable and resilient.

Your mindset plays a significant role in how you view your mistakes and, importantly, how you react to them. If you have a growth mindset, you will likely see mistakes as an opportunity to improve and not as something you are doomed to repeat because your mindset is “fixed” on the belief.

Adapted from www.mindtools.com

How To Treat Mistakes as Opportunities for Learning

IF SOMEONE SAYS:

ENCOURAGE THEM TO SAY:

“I'm such a failure.”



“I just made a mistake; as long as I learn from it, there's no failure.”

“I won't ever get this right.”



“I'll get this right eventually. I just can't give up.”

“I made a mistake.”



“Mistakes help me learn.”

“They ruined it for the rest of us.”



“It's my responsibility how I handle this.”

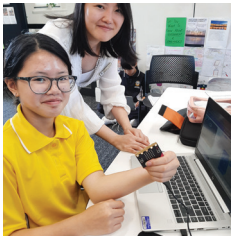
MAKINGCARINGCOMMON.ORG

NEWS FROM COLLEGE LEADERSHIP

DIRECTOR OF TECHNOLOGY ENRICHMENT

YEAR 6 TECHNOLOGY

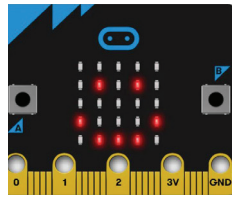
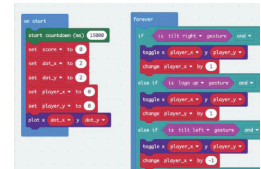
Ms Weller's Year 6 classes are learning how to program BBC micro:bits, which are pocket sized computers that introduces students to how software and hardware work together. They have an LED light display, buttons, sensors and many input and output features, that when programmed interact you and your world.



The micro:bit was originally created as part of the BBC's Make It Digital Initiative, launched in 2014. Since then, expert partners came on board, each contributing resources and expertise. Year 6 students have only just begun their learning journey to discover how these pocket sized computers can be used to develop prototypes to solve potential real world problems.

YEAR 8 TECHNOLOGY

Mr Short's Year 8 class have been working on two projects concurrently. They have been exploring new innovative technologies and how data is transmitted. Students have been working collaboratively to select new technologies to investigate, report and then present to peers. Elyse Kozovic and Alissiya Martin chose electronic cars. Elyse comments: "I have an electronic car at home, and this was a great opportunity to learn more about the concept. I like how they promote more efficient energy usage; this is something we should all consider". Lily Wade informed me that she was keen to learn about how data is transmitted in terms of binary, bits, packets and IP Addresses, how they work together was something she was in the middle of investigating.



Ms Joanne Willis
DIRECTOR OF
TECHNOLOGY ENRICHMENT

WOMEN IN CHEMISTRY BREAKFAST

On Tuesday 14 February (Week 3 of Term), the Year 12 Chemistry classes went to a breakfast for Women in Chemistry.

This breakfast was attended by a handful of schools and was held all around the world. Aside from the delicious food and drinks we were given on the morning, we got to hear from a number of inspirational women in the field of Chemistry. The most impactful for me was Professor Maria Makrides who works on improving women and babies' nutritional health. She spoke to us about her research surrounding the connection between omega 3 levels in carrying mothers and preterm births.

Not only this but we also got to hear from a current chemistry teacher from Balaklava High School who showed us some cool colour-changing experiments which we were able to connect to the things we were currently learning in chemistry.

Overall, the breakfast was an awesome opportunity for us to meet students from other schools who love chemistry as much as we do and hear from incredible women and inspire us to pursue a career in chemistry.

Namreen Jummun (12W)

The best fun you can have these holidays!

COME & TRY DAY

A free, fun educational experience for boys at our Senior Campus

WEDNESDAY 12 APRIL

BOOKINGS & INFORMATION

discover.cbc.sa.edu.au/come-try

THE WORLD BEFORE US.

ST DOMINIC'S PRIORY COLLEGE SPORTS NEWS



INDIVIDUAL TENNIS CHAMPIONSHIPS

Congratulations to the seven girls who participated in the Individual Tennis Championship held at Seaside Tennis Club throughout Week 6. Linita Kannikanti was successful in getting into the Semi Finals of the main draw. Elisabeth Smith (pictured left) competed in the consolation round, but unfortunately nerves got the better of her in the deciding game.

SA STATE LONG COURSE AGE SWIMMING CHAMPIONSHIPS



Gabi Wright (pictured left) and Amy Le (below, right) competed at this event between 9-13 March 2023. Amy won silver in the 12 Year Old 50m Breaststroke. Gabi achieved Top 15 finishes in all of her races, frequently getting in the Top 8 and coming 4th in the 14/15 Year Girls 200m Butterfly. She also achieved a Nationals time and will be travelling to the Gold Coast in a few weeks to represent South Australia at the 2023 Australian National Age Championships. Wishing Gabi all the best at this upcoming event!



TERM 2/3 SPORT

Girls are currently nominating for Term 2/3 Sport. Please ensure that they are committed to all practices and games for Terms 2 and 3. Consent2go will be sent before the end of Term.



Mrs Lyndall Pratt
SPORTS COORDINATOR



COME & TRY FOOTY

Interested in playing footy?
We welcome new players of all abilities to join us for a come & try session. Simply use the QR code or follow this link to register your interest:
<https://tiny.cc/2023footy>

GIRLS

- Under 11
- Under 13
- Under 15
- Under 17.5

BOYS

- Under 7
- Under 9
- Under 13
- Under 15
- Under 17.5

We are seeking interest from new players for the following teams:

ROUND 4 SPORTS RESULTS

Basketball | 18/3

Middle B/C vs SMC 2 (Won 18-10)
Middle C2 vs Nazareth 2 (Won 40-21)
Senior C vs Kildare 1 (Lost 32-45)

Tennis | 18/3

Middle B/C vs Loreto 1 (Lost 3-3)
Senior B/C vs St Ignatius 2 (Lost 0-5)

Volleyball | 18/3

Middle A/B 1 had a BYE
Middle B2 RED (2) vs SDPC 3 (Lost 1-2)
Middle B2 RED (3) vs SDPC 2 (Won 2-1)
Middle B/C RED (1) had a BYE
Middle C2 BLUE (2) vs SDPC 3 (Won 2-1)
Middle C2 BLUE (3) vs SDPC 2 (Lost 1-2)
Senior A 1 vs Mercedes 1 (Lost 0-2)
Senior B1 AQUA (2) had a BYE
Senior B2 YELLOW (3) vs Sacred Heart 4 (Won 3-0)
Senior C BRONZE (4) had a BYE

Touch | 18/3

Middle C1 vs Cabra 2 (Won 5-2)
Middle C2 had a BYE
Senior C1 GREEN vs Loreto 3 (Lost 1-4)

Water Polo | 16/3

Middle B/C vs St Aloysius 2 (Won 10-4)
Senior A vs Pembroke 1 (Lost)

ROUND 5 + ROUND 6 SPORTS DRAWS

TEAM	LOCATION	SATURDAY 25/3		SATURDAY 1/4	
		TIME	OPPONENT	TIME	OPPONENT
Basketball					
Yr 7 Middle B/C	Loreto	10:30	SAC 1	10:30	Loreto
Yr 8/9 Middle C2	Loreto	9:40	NIHS 2	10:30	Marryatville 2
Senior C	SHC - Marcellin	9:40	Cabra 3	10:30	SHC 7
Tennis					
Middle B/C	SDPC	8:00	SHC 1	9:30	SAC 1
Senior B/C	SHC	8:00	SHC 1	8:00	SIC 3
Volleyball					
Middle A/B 1	SAC	8:00	NIHS 1	9:50	MMC 2
Middle B2 RED (2)	SDPC	9:40	SHC 4	8:00	Cabra 2
Middle B2 RED (3)	SDPC	8:50	Naz 2	9:40	SMC 1
Middle B/C RED (1)	SAC	10:30	SHC 6	10:30	Nazareth 1
Middle C2 BLUE (2)	SDPC	10:30	SHC 8	BYE	
Middle C2 BLUE (3)	SDPC	10:30	SMC 2	10:30	SMC 1
Senior A 1	Cabra	9:40	SHC 1	TBA	Finals TBA
Senior B1 AQUA (2)	MMC	8:00	NIHS 1	8:00	OLSH 3
Senior B2 YELLOW (3)	SAC	8:00	SAC 3	BYE	
Senior C BRONZE (4)	SDPC	8:50	SIC 6	9:40	Cabra 2
Touch Football					
Middle C1	SIC	8:30	Loreto 4	10:10	Mercedes 2
Middle C2	Park 17	11:00	Pembroke 3	11:00	Mary MacKillop 1
Senior C1 GREEN	Park 17	BYE		8:20	SIC 2
Water Polo		Thursday 23/3		Thursday 30/3	
Middle B/C 1	SA Aquatic Marion	4:15	Immanuel 1	5:25	Mercedes 1
Senior A 1	Adelaide Aquatic	5:30	Mercedes 1	5:30	Mercedes 1

ATTN: PARENTS / GUARDIANS

Have you read the Newsletter?
Please let your daughter/s class teacher know via the checkbox in her College Planner

FIND US
ONLINE

