## Diary Dates

TONIGHT

P\&F Meeting 7:30pm College Reception Area
Thursday 25 February
Field Day (Years 7-12)
Tuesday 1 March Investiture Mass
Thursday 3 March
Primary Field Day (TBA) Sunday 6 March
Old Scholars' Mass
Wednesday 9 March
SAPSASA Primary Swimming
Thursday 10 March Year 8 Vaccinations
Thurs 10 - Fri 11 March Year 10 Geography Camp (KI)

Monday 14 March
Adelaide Cup Public Holiday

Year 7-12 Clubs
Maths Club (starts 2/3)
Wednesdays 3:30-4:30
in the Year 12 Centre
Homework Club
Thursdays 3:30-4:30
in the Library
2016 Term Dates
Term 1: 2 Feb-15 April
Term 2: 3 May - 8 July
Term 3: 25 July - 30 Sep
Term 4: 17 Oct - 9 Dec

## UNIFORM SHOP

Opening Hours During Term Mondays 10:30am-1:30pm

Thursday 25 February CLOSED

Saturday 27 February 10:30am - 2:00pm
Thursday 3 March 12:30pm - 4:30pm


WEDNESDAY 24 FEBRUARY 2016 WEEK 4 - TERM 1

## Telephone: 82673818

Dear Parents,

## Merit Assembly

The happy group of 2015 graduates pictured here were the central focus of last Friday's Merit Assembly. Students with an ATAR over 95 and Merit winners are congratulated each year at this significant event. Greg Larwood SACE and Year 12 Coordinator introduced each of the graduates and we learnt something of their 2016 tertiary studies. The student speakers were outstanding, providing both inspiration and practical advice. It becomes clear as you listen to students who have achieved that the number one tip is to work hard because success does not come over night! Dominique Limgenco, Merit recipient in English Studies and Society and Culture put it this way. She asks the question "how to challenge myself, to do my best, to give my all... As I sat in your shoes some 12 months ago I realised I had two enemies to battle in Year 12 ...time and my own laziness" Read Dominique's compelling advice on how to achieve in today's Bulletin. Next week we will print another excellent speech from Paris Caldwell on the Research project.

## Year 9 and 10 Parent - Teacher Night

Monday Night's Parent Teacher Information Night was very well attended. In my view, this sign to your daughter of the importance of her schooling in your eyes, cannot be underestimated. Sincere thanks to Jo Riccio Year 10 Coordinator and to Josie Revesz Year 9 Coordinator and their respective class teacher teams. Some of us had heard Sonya Ryan from the Carly Ryan Foundation speak to us on a previous occasion. Once again her knowledge of and advice to parents re safety and social media is first class. Valuable information from the Carly Ryan Foundation will appear soon on our website.

## Special information for Parents new to the IB Middle Years Program

Please be advised that your opportunity to understand more about the IB framework and your place in it will be offered on Wednesday $9^{\text {th }}$ March at 7.00 pm in the College Hall. A letter


Graduates 2015 to parents in both English and Vietnamese will go home in the next few days.

## Sports Day March $20^{\text {th }} 2016$

As you know the location of Sports Day is this year at Immanuel College Morphett Road Novar Gardens. Be aware that on this day there is an Additional March event in Adelaide viz., the Bay to City run not to be confused with the City to Bay. Road restrictions including Anzac Highway will apply and next week we will offer best routes to our new location. Today the P\&F are seeking your assistance with the stalls on Sports Day. In addition there will be on field jobs for those who like to be out on the oval.

As promised I will be advertising each week the Palm Sunday Vigil Masses for our families. Today we begin with St. Francis Xavier Cathedral which will have the Palm Sunday Eucharist at 6.00 pm . on Saturday $19^{\text {th }}$ March.

## Old Scholars Mass Sunday $6^{\text {th }}$ March

 at 11.30 in the Priory ChapelIn our school we have numbers of Parent Old Scholars. It would be great to see you at this special Dominican Jubilee 800 Mass. Our celebrant is Fr Alex Vickers OP. Please ring and let us know that you will be there.
Congratulations: On behalf of the College community I would like to pass on sincere congratulations to our senior French teacher Gabriella Patti Reid who has been given the SAFTA AWARD for EXCELLENCE 2015. Full details appear in this week's bulletin.

${ }^{\text {from Ms. Cate O'Leary, Primary School Coordinator }}$

TThank you to all our wonderful parents who have volunteered in so many ways to help in our classrooms and with school events. There have already been a few excursions and several parents helping in the classrooms and with morning reading. We have appreciated the support given and attendance at the various Responding to Abuse and Neglect induction for volunteers' sessions. We are offering an evening session in Week 5 on Tuesday the $\mathbf{1}^{\text {st }}$ of March, 6:30-7:10pm. Please put a note in your daughter's diary/communication book if you wish to attend.

Last week Dr Luca Prisciandaro presented a special assembly to the Year 4,5 and 6 classes, giving them the opportunity to learn more about the Children's University Program. Students have taken an Expression of Interest form and will need to return it by no later than the $4^{\text {th }}$ of March.

Thank you to Mrs Richter, Mrs Heggs and Mrs Baumber who have been organising the Swimming Trials at North Adelaide pool for 25 m and 50 m events.

Thank you to all who were able to attend yesterday's Assembly. Parents are always welcome to attend, they are fortnightly, in the Hall and we start around $2: 30 \mathrm{pm}$ on a Tuesday. This week the Year 5 class presented. We also had the acknowledgement of this year's SRC recipients. We wish them well and look forward to seeing them take on new responsibilities and challenges. Our Year 6 class will be involved in the Investiture Mass next Tuesday in the Gym and the Year 6 SRC students will be recognised and given their badges.
A request from the Tuckshop: Students if you are writing your own lunch orders and parents if you are filling out your daughter's, please check that you have the name and year level clearly on the bag as there were several not named last week.

Swimming Trials: Year 4, 5 or $\mathbf{6}$ students who are competing in the 100 m and 200 m trials at SANTOS tomorrow, must be at school to catch the bus at 8:00am. We are on a strict timeline and will be unable to wait.

Don't forget the Parents and Friends meeting tonight at $7: 30 \mathrm{pm}$. We hope to see many of you there.

Class Parent Reps: Would you consider being a Class Rep and help other parents to get involved in our school community? We would love to have two parents per class. Please see your daughter's teacher if you are interested.

Many of our Year 3 students are preparing for the Sacrament of Reconciliation in their parish. Please keep them in your prayers.
 bella, Ines anyway nearly the whole class. - Minh
Being a new student I felt... nervous, happy, confused, weird but most of all welcome. - Tina
Being at a new school is kind of hard. It has new ways of doing things and I miss my friends a lot. At St Dom's they have some songs that I already know so it really isn't that hard at all. I will get used to it. - Danica

## And from the seasoned Dominicans...

While one or two girls have felt nervous and some have found somethings challenging, there seems to be a consensus that being in Year 3 has been great. Why? You may ask. Well, according to Helaena 'everything is organised', Millicent and Macy, along with many others, are 'looking forward to creating their clay animation', Charlotte and Annabel have enjoyed the fun maths sheets and Isabella and Annemarie love earning doubloons, as do the whole class..
Millie \& Estella: We liked learning about the doubloons, which are little coins we get if we do something good, Wizard of the Week and Brilliant Bee Award.

YEAR 3

# High Achievers' Assembly Speeches 

Friday $19^{\text {th }}$ February 2016

## Dominique Limgenco, Merit recipient in English Studies and Society + Culture



Who here has a goal?
For a lot of you it's probably "I want to survive Year 7, $8,9,10,11,12$ ". And for something which sounds so simple, it carries a lot of weight. It's a heavy and stressful journey to complete high school, but it's possible. We're proof.
When I was younger, my mom always said that I was a happy-go-lucky kid. I always wanted the easy way out. The less work, the better.
As I grew older I realised doing the bare minimum wasn't going to complete my goals. I had to change, to compromise, so I could achieve what made me happy. I felt that year 12 - that St Dom's - was an opportunity; to challenge myself, to do my best, to give my all.
But how do you do that?
As I sat in your shoes, some 12 months ago, I realised I had two enemies to battle in Yr 12; two huge, haunting, and humongous beasts hovering over me. And no they weren't my parents. It was time and my own laziness.
Time is like a train. It comes around like, well, clockwork. It can take you places, to faraway lands, connect you to pathways, and let you see more and be more. If you only hop on board. In the same breath it can leave you behind, floundering in the homework you've been putting off for weeks. That's where the laziness comes in. You've got to find the drive to get up and go and just DO IT.
I found the motivation to do my work because I loved what I was doing. So please choose your subjects based on what you love, whether that's Art, English, Math or Bio or anything, no matter what anybody else says or does, because there's not much merit in being unhappy. You just need to find what works for you.
I find the more work you do at school, the less you do at home and the more down time you have. So here's a few easy goals you could make happen:
First off, pay attention in class - actually listen to your teacher, take notes and ask questions.
Try to be organised! Knowing when things are due is important and having a folder for each subject is a lifesaver in higher year levels.
Use your free studies for more than surfing Buzzfeed and maybe get some homework done or hunt down a teacher to ask more questions.
Also, study more frequently, for shorter periods rather than large chunks. Even 10 minutes every free study makes a difference.
The hardest thing for me in Year 12 was sacrifice. At times I had to put away what was fun or what was easy in favour of other things. If something clashed, what was more important came first. When it was an essay vs concert band, I sent my apologies to Ms Green and "bent double... [I] cursed through sludge". Wilfred Owen, nice guy.

Sacrificing your time doesn't mean you drop off the face of the earth and study every minute of every day. Even though I had to skip out on a few things I never gave up anything completely. Not my family time, not my me moments, or my friends or my extra-curriculars because these were the things that made me happy and happiness was and continues to be my ambition in life.
It's so important to take care of yourself. If you're tired or hungry, your stomach's growling like a wolf and your temples are throbbing, learning goes out the window. Try your hardest to grab those 8 hours of sleep and if you can't, take a nap. No really, take a nap, it helps. And for you year 12s, keep a couple of non-perishable food items in the back of your locker.
Another imp popping up now and again is stress. That slow suffocating panic. I've had my fair share of upsets and frustrations and days where you just cry because it just seems that nothing is going right. And that's all right. Do it. Let it out and let it go. Get cranky, be upset, cry, throw a tantrum. Then take a breather, and pick yourself up and try again.
Remember! This isn't a one woman show; you'll need all the help you can get. Teachers are always there to guide you if you're having trouble. They want to, so please let them.
Reach out to your fellow students for help. Have a study buddy in every subject so you know someone's got your back. Have a social media group chat for each class. It makes reminders super easy and your classmates are always there to help.
One of the best things I had going was a yearly planner blu-tacked to the dining room wall. Everyone could see that next week was going to be hell, or D-Day was coming with four things due. My family gave me my space and their support when I told them I needed it. So talk to your parents - actually talk to them - your friends, even your teachers; create your support network. Grab a hug every now and again (but maybe not from your teachers).
In summary, just keep these things in mind and remember: set your goals, find what works for you and keep at it.
In the infamous words of the honourable Greg Larwood, "It isn't about achieving the highest mark, but attaining your personal best, whatever that may be". There were times when I had tried my absolute hardest, re-written my work 3, 4, 5 times (and this speech actually) and because I tried and did what could, I could have no regrets.
Live with no regrets. I challenge you to set your goals; dare you to do your best, give your all and try, try again. Each and every one of you has the passion and the potential to make your dreams a reality. So get off your bums, get on board the train and get to where you need to go.


## Sunday 20 March 2016 Sports Day Stall Helpers

We are seeking volunteers to help out at our numerous stalls. Please indicate your preferred timeslot/s. You will be advised a few days before Sports Day of the time and place you have been allocated. Sometimes we have too many helpers for the one stall, so you may be allocated to another area within your offered time(s).


HELP FRIDAY - I can assist to pack supplies and help transport to Immanuel College on Friday (approx. 3 hrs required). More details supplied later.

CAKES - I can supply $\square$ small cakes $\square$ a large cake $\square$ slice $\square$ biscuits.
PLEASE NOTE: we are unable to sell items with fresh cream due to storage concerns TIPS: Simple Bar Cakes sell very well

JAM - I can supply red jam for morning tea. $\square$ (please send jam with this reply to front office) DONATIONS - I am unable to assist with help on the day, but enclose a cash donation towards purchase of supplies.
Name $\qquad$
Phone $\qquad$ E-mail: $\qquad$
Student's Name(s) \& Class(es)
Please return to College Office


SAFTA Award for Excellence 2015
Development of strong professional relationships and contribution to the French-teaching community
Gabriella Patti-Reid has been an outstanding contributor to the French-teaching community throughout her career. She has served on the committee of SAFTA for 20 years, and has just stepped down after four years of distinguished service as President. She has always had as a strong focus of her teaching the need for all French teachers to work together to encourage the study of the language and culture of France. She has given fine service to this cause, in many ways, over many years.

Andrew McKenzie, SAFTA President


## SPORTS NEWS

## Round 1 Results - Saturday 20 February

Basketball
Junior def St Aloysius 2 (50-24)
Senior 1 vs Gleeson 1 Senior 2 def Mercedes 3 (25-15)

## Tennis

Junior 1 lost to Mary Mackillop (1-5) Junior 2 lost to St Ignatius 2 (2-4) Senior lost to Sacred Heart 2 (0-6)
Volleyball
Junior 1 lost to St Aloysius 2 (1-2) Junior 2 lost to St Michael's 2 (1-3) Junior 3 lost to Mercedes 4 (1-2)

## Touch Football

Junior lost to Loreto 2 (2-4) Senior 1 def St Michael's 2
Senior 2 lost to Marryatville 2

Senior 1 def St Ignatius 3 (3-0) Senior 2 lost to Mary Mackillop 2 (1-3)

Water Polo
Year 9/10 lost to Loreto 1 (3-10) Year 11/12 had a BYE

Round 2 Draw ~ Saturday 27 February

| TEAM | LOCATION | TIME | OPPONENT |
| :--- | :--- | :--- | :--- |
| Basketball |  |  |  |
| Junior 1 | Loreto | $8: 30 \mathrm{am}$ | Mercedes 1 |
| Senior 1 | BYE | BYE | BYE |
| Senior 2 | Cabra | $9: 20 \mathrm{am}$ | St Aloysius 2 |
| Tennis |  |  |  |
| Junior 1 | St Dominic's | $8: 30 \mathrm{am}$ | St Aloysius 2 |
| Junior 2 | St Aloysius | $8: 30 \mathrm{am}$ | St Aloysius 1 |
| Senior | Nazareth | $8: 30 \mathrm{am}$ | Nazareth 1 |
| Touch Football |  |  |  |
| Junior 1 | Greenhill Rd | 11:00am | Wilderness 2 |
| Senior 1 | Greenhill Rd | $9: 20 \mathrm{am}$ | St Ignatius 3 |
| Senior 2 | Greenhill Rd | 10:10am | Wilderness 5 |
| Volleyball |  |  |  |
| Junior 1 | Mary Mackillop | $9: 20 \mathrm{am}$ | NMHS 1 |
| Junior 2 | St Dominic's | $9: 20 \mathrm{am}$ | Mary Mackillop 1 |
| Junior 3 | St Dominic's | 11:00am | St Aloysius 4 |
| Senior 1 | Mary Mackillop | $9: 20 \mathrm{am}$ | NMHS 1 |
| Senior 2 | St Dominic's | $8: 30 \mathrm{am}$ | Loreto 3 |
| Water Polo | (Thursdays) |  | Mercedes 2 |
| Year 9/10 | Payneham | $4: 00 \mathrm{pm}$ | Seymour 1 |
| Year 11/12 | Adel Aquatic | $4: 00 \mathrm{pm}$ |  |
|  |  |  |  |

## $P R O J E \subset T$ <br> compassion


$3^{\text {rd }}$ Week ofLent: Dominic's Story Dominic in Papau New Guinea has learnt communication and problem-solving skills to lead his community towards a more peaceful, prosperous future.
Please donate to Project Compassion 2016 and help empower communities in Papua New Guinea to lead their own development and create more harmonious futures. www.caritas.org.au/projectcompassion se Caritas 1800024413

AUSTRALIA


Friends of St. Dominic's Produce Stall
The Produce Stall for the Fete have been busy already making the first batch of Tomato Sauce for the year. 70 kgs of tomatoes and 14 kgs of onions were chopped up on Friday night and 71 bottles of sauce were produced on Saturday. We would like to thank; Jo Duffy, Raegan Johnson, Phillipa Sharpe, Emma Gwertz, Gabby Stradling, Donna Bentlley, Deidre Kelly, Michelle Hogan, Katherine Dimos, Cath Larwood, Maria Lappas, Jacqui Griffin, Jane Greven, Leanne Dubois and Mary Brennan for all of the assistance that they provided to make it such an entertaining and productive night and day! If anyone is interested in joining the Friends of St.Dominic's Produce Stall please call Jo on 0411305042 or Michelle on 0400470153 so we can let you know of the next produce making event. Many hands make light work!

Do you have an excess of FRESH GARLIC growing in your garden? The Produce Stall for the Fete is looking for donations of garlic. If you have any that Iyou can donate please contact Jo on 0411305042 .

## OLD SCHOLARS MASS 11:30am Sunday 6 $^{\text {th }}$ March, 2016 College Chapel - to be followed by shared Light Lunch in the Hall ALL WELCOME!

(b)
IB Middle Years Programme Parent Information Night for new Parents of Yr 6-10 Students Wednesday $9^{\text {th }}$ March College Hall • 7:00pm (concluding 8:00pm)

Our College has recently been recognised as an IB World School authorised to offer the International Baccalaureate Middle Years Programme (IBMYP). For parents new to St. Dominic's, who may be unfamiliar with this program and wish to stay informed, we would like to invite you to attend an MYP Information Evening on Wednesday $9^{\text {th }}$ March. [detalls above].
Please ask your daughter for the letter sent home to all new families with daughters in Years 6-10. Alternatively, please feel free to contact our MYP Coordinator, Aurora Reid: areid@stdominics.sa.edu.au

## STEMSELClab

STEMSEL stands for Science Technology Engineering Maths Social Enterprise Learning. This is your chance to participate in real world challenges.

How can you save the lives of miners trapped underground with a single light bulb?
How can you protect your property from intruders?
How can you save your plants from going thirsty?
Come along to the STEMSEL Inventors Club held each Monday after school from 3:30pm to 5:00pm in the FAB LAB to learn how to program microchips to solve these problems and many more.
Please note that this club is run by an outside provider at a cost to each student. If you would like to join in the group this term, please download and return the permission note: http://stdo.ms/1QapFRH
$\Gamma$

百Sports Day Raffle Donations Please!
| The Sports Day Raffle is conducted to raise funds for the College. We are presently | in the process of sourcing prizes and would be very grateful for any donation | of items for the raffle. If you can help | with prizes please contact the office. L

## Sports Day Helpers Needed

If you are able to help in any of the below areas on Sports Day, please return the reply slip and you will be contacted closer to the time with more information about the event. Thank you.


